



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.
Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



May/June 2010

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:

Beginning in September 2010 we will be charging for the adaptive newsletter, tying it in with the bi-annual registration. It will be \$5 (\$7 NR) for the two year period beginning Sept. 1, 2010. Or you may opt to receive the newsletter via email at no charge. More details about this will be in the next newsletter.

Fees to increase beginning May 1, 2010. All drop-in fees will go up to \$6 at the door and the price of the punch cards will increase to \$47 and \$57 NR.

PUNCHCARD PAYMENT SYSTEM AVAILABLE!!! **Save money by using a PUNCH CARD!!!** It can be used to pay for **Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo**. These activities are \$6 per person at the door. Purchase a punch card at the front desk for \$47 for residents of Troy and \$57 for non-residents. This will result in a **savings of \$13 for residents and \$3 for non-residents over paying at the door**. This punch card is good for admission into ten of these events. Bowling will be \$6 for all participants at the door. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

FAR Conservatory of Therapeutic and Performing Arts proudly presents "Made in Michigan" showcasing the FAR Ice Skaters, Sunday May 9 at Birmingham Ice Sports Arena 2300 E. Lincoln St. Birmingham. MI 48009 Admission Donations accepted. Come on out and support your friends.

BOWLING FOR RHINOS **June 12, 7:00** sponsored by the American Association of Zookeepers (AAZK) to raise money in support of two animal sanctuaries for endangered animals in Africa & Indonesia. The fundraiser is a bowling event in which participants either donate their own money or get sponsors for a minimum cost of \$15. Those who raise at least \$50 get a free T-Shirt. This year's event will be held on June 12 at Fairlane Bowling in Madison Heights. If Friendship Club members are interested in participating with Team Troy, they can contact Kathy Martin at Kieran2@aol.com or 248-879-7077 to obtain the details. Flyers will be distributed to the Saturday bowlers as well. If there is interest, we can hold our own fundraiser in conjunction with the Saturday Bowling at Troy Lanes as we did last year. **June 1 is the deadline to register with the Troy Team.**

SOFTBALL

Register now for the 2010 softball league. Practices begin on May 4 and will be held on Tuesdays and Thursdays from 6:30- 8 pm at Firefighters Park. This league is for ages 13 and older. Games begin in early June through the end of July on Thursdays at 6:30 p.m. Tuesday practices will continue throughout the season. The fee is **\$50 for residents and \$55 for non-residents** and this includes coaches and an end of the season picnic. **To register, ask for Activity 125338G.** Space is limited. If you want to be placed on the same team as another player for car pool reasons, etc. please indicate this when you register. **Please register early!!!**

DINER'S CLUB

1st Monday - Please register by Friday prior to event.

Time: 6:30-8:15 p.m. Meet at the restaurant.

Cost: \$20 Residents, \$22 Non-Residents includes dinner, beverages, tip, chaperones.

Monday, May 3

Act. # 135300K China King Super Buffet 2897 S. Rochester Rd 248-844-9393

Monday, June 7

Act. # 135300L California Pizza Kitchen at Somerset North 248-816-0900

Drop off and pick-up at center entrance on North side of mall in parking structure near valet parking.

MOVIE AND PIZZA

2nd Monday Time: 6:30-8:30 pm Location: Troy Community Center

Cost: Punch card or \$6 at the door. (includes movie, drink, and a pizza snack). Preregistration is not required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, May 10 Alvin and the Chipmunks – The Squeakquel

Monday, June 14 Avatar

FRIDAY FROLIC DANCE – May 14 and June 11

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

Time: 7 - 9:30pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. Aides can purchase pizza for \$1per slice by purchasing a ticket(s) at the registration table.

Preregistration is not required.

KARAOKE AND DANCING – May 17 and June 21

3rd Monday - Have fun while singing along with latest and greatest artists. Pop and chips will be served. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7 - 8:30pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. Aides may purchase pop and chips for \$1. No preregistration required.

BINGO NIGHT – May 24 and June 28

4th Monday - Prizes will be given to the winners and we will break for refreshments.

Time: 7-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. **No pre-registration required**

Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

This dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!!

Payment should be made to the instructor at class. The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. **ATTN MORC Clients:** Ask your support coordinator how you can attend this class for FREE! Program meets on Thursdays from 6:30-7:30 pm Sept. through April at the Big Beaver United Methodist Church, 3753 John R.

DAYTIME FRIENDSHIP CLUB

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. The fee is \$70 (\$75 NR) per month for one day a week or \$140 (\$NR) for both days. **Pre-registration is required and you must register for the entire month.** Contact Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov. for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

Please note that the fees for the daytime program will go up beginning in July 2010 to \$76 and (\$86 NR).

We ask that new participants attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

The activity numbers are as follows:

Tuesdays

May 135304L **\$70 (\$75 NR)** July 135309A **(\$76 \$86NR)** May 135311L **\$70 (\$75 NR)** July 135310A **(\$76 \$86NR)**
June 135304M **\$70 (\$75 NR)** Aug. 135309B **(\$76 \$86NR)** June 135311M **\$70 (\$75 NR)** Aug. 135310B **(\$76 \$86NR)**

Thursdays

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you. Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for information.

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). **\$6 per week includes shoes and three games.** Drop-in. Minimum age: 10 **Beginning in Sept. 2010 10am-12pm**

My Chance to Dance: Thursday evenings from 7:00-8:00pm at the Big Beaver United Methodist Church September – April Minimum age 13.

Performing Arts Club: For teens and young adults with developmental disabilities. Wednesdays from 7-9 pm at the Troy Community Center. Co-sponsored by the Italian Study Group of Troy.

\$10(R) \$12(NR) annual fee for activity #145300A. This fee is waived for the first time attending and will be prorated after six months. For more information, call Denise at 248-585-5246. Minimum age: 16.

Soccer League: Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration by April 1 required. Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 www.somi.org for more information.

Weight Watchers: Tuesdays, meets at 5:30 pm and again at 6:15 pm at the Big Beaver First United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.

Wheelchair Sports: For men and women 18 and older with physical disabilities. Friday evenings at Boulton Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Activity #: _____ Fee _____

Address _____

Activity #: _____ Fee _____

City _____ Zip _____

Activity #: _____ Fee _____

Phone _____

TOTAL DUE: _____

Signed: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083. To register online, go to www.troymi.gov and click on the Parks and Rec. Registration button on the home page. You will need your household ID number. This number can be found in the left top corner of a receipt from Troy Parks and Rec. or by calling 248-524-3484. Use the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Bowling 11am – 1pm
2	3 Diner's Club 6:30-8:15pm	4 Friendship Club 10am-3pm Softball Practice 6:30-8pm	5 Performing Arts 7:00pm	6 Friendship Club 10am-3pm Softball Practice 6:30-8pm	7	8 Bowling 11am – 1pm
9	10 Movie and Pizza 6:30pm-8:30pm	11 Friendship Club 10am-3pm Softball Practice 6:30-8pm	12 Performing Arts 7:00pm	13 Friendship Club 10am-3pm Softball Practice 6:30-8pm	14 Friday Frolic 7-9:30pm	15 Bowling 11am – 1pm
16	17 Karaoke and Dancing 7-8:30pm	18 Friendship Club 10am-3pm Softball Practice 6:30-8pm	19 Performing Arts 7:00pm	20 Friendship Club 10am-3pm Softball Practice 6:30-8pm	21	22 Bowling 11am – 1pm
23	24 Bingo 7pm-8:30pm	25 Friendship Club 10am-3pm Softball Practice 6:30-8pm	26 Performing Arts 7:00pm	27 Softball Practice 6:30-8pm	28	29 No Bowling
30	31 Memorial Day					

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Friendship Club 10am-3pm Softball Practice 6:30-8pm	2	3 Friendship Club 10am-3pm Softball Practice 6:30-8pm	4	5 Bowling 11am – 1pm
6	7 Diner's Club 6:30-8:15pm	8 Friendship Club 10am-3pm Softball Practice 6:30-8pm	9 Performing Arts 7:00pm	10 Friendship Club 10am-3pm Softball Game	11 Friday Frolic 7-9:30pm	12 Bowling 11am – 1pm
13	14 Movie and Pizza 6:30pm-8:30pm	15 Friendship Club 10am-3pm Softball Practice 6:30-8pm	16 Performing Arts 7:00pm	17 Friendship Club 10am-3pm Softball Game	18	19 Bowling 11am – 1pm
20	21 Karaoke and Dancing 7-8:30pm	22 Friendship Club 10am-3pm Softball Practice 6:30-8pm	23 Performing Arts 7:00pm	24 Friendship Club 10am-3pm Softball Game	25	26 Bowling 11am – 1pm
27	28 Bingo 7pm-8:30pm	29 Friendship Club 10am-3pm Softball Practice 6:30-8pm	30 Performing Arts 7:00pm			